

**Look out  
Artist**  
Business grad  
aims to be  
national champion  
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# SPOKE

A LEARNING NEWSPAPER FOR JOURNALISM STUDENTS

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Bentley man  
says it's  
in his blood  
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MONDAY, SEPTEMBER 13, 2011

CORENSTEIN COLLEGE, KITCHENER, ONT.

WWW.CORENSTEINCOLLEGE.CA

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# Union strikes back

By DEBBIE WILSON

Abandoned cars, broken windows were the order of the day at Conestoga College's striking support staff workers held by students, other staff and faculty the first day back to school.

More than 3,000 college support workers went on strike at 35 Ontario colleges, including one Sept. 1, rejecting the employer's offer of a 4.6 per cent salary increase over three years with no cost increases.

Sherry Johnson, president of Local 208 of the Ontario Public Service Employees Union, said they are not asking for the most and are not asking for the least, just respecting what the union has been doing for the kind of economy OSPSE wants job protection against the use of part-time and contract temporary hires and said: "You get hired and it is our

member's problem. They want to make it up to a year and then get rid of you. Why would you put someone to probation for a year? That's just wrong," said Johnson.

John Thibault, Conestoga College president, said the college support staff salaries range from \$10,000 to \$47,000 and a raise per cent wage increase over three years is way beyond what has been considered normal in the economic environment. He said the college's offer was the point rate and that 4.6 per cent had been accepted.

In addition, there has been a misconception by many people in the community, who believe the college does not have enough support staff, but last fall, for the first year, the college had 97 full-time staff, said Thibault.

"If they were so important, then someone should have asked me why we have 977

support staff if they're not worth anything, but they have chosen to walk out of a home that would otherwise be a support to students," he said.

Maryse Belanger, a three-year general business student, said she has been frustrated with the changes the school has had to make because of the strike.

"I have had to wait an hour for the bus because of the reduced hours and missed my bus in line at the CCOB office," she said.

In addition, Thibault agreed, that after the strike between the college and the union broke down, the new bus drivers, who are not quite as good, are causing issues on the side of the road, causing all kinds of problems, leaving the students to wait the bus off of it.

"It's got me worried in the case I, if the management and all kinds of people have been putting in a professional fac-

ture in order to keep the college up and running," he said.

However, Johnson said going on strike was not to mark management's poor offer. Instead the workers want reasonable college support staff to have a better future. She also said the workers want to be back made with the students, not on the picket line.

"We have been at this point and management had stalled until the last week of August. In having mandatory rounds of bargaining, the union and management to the table," she said.

However, Thibault said the strike will be successful if both sides work together at the table. As of press time, bargaining between OSPSE U and the college had not resumed.

"Overall, I think we are making progress and I think it's going to go higher and not lower," he said.



PHOTO BY JEFF WILSON

Sherry Johnson, president of OSPSE Local 208, is one of seven 300+ Conestoga College support staff workers that are on strike.

# Students affected by labour dispute

By DEBBIE WILSON

The new school year at Conestoga got off to a more conflicting start than normal on Sept. 1, with students, faculty and staff having to cross the picket line.

The Ontario Public Service Employees Union (OPSEU) strike started on Sept. 1, but the much sharper secured on the first day of classes.

The main problem occurred when pickets stood in front of cars, preventing people from getting into the parking lot at that time, the protesters talked to the drivers and passengers about why they were on strike. However, traffic backed up for kilometers on Highway 401, making the drive home for some a slow crawl.

Conestoga College released a statement on how to deal with the pickets and encouraged students to visit the school's website, wherein comes a link to the further information.

The students' question regarding the strike is asked,



PHOTO BY DEBBIE WILSON

A long line of cars backs in front of the school as people stand outside and explain the reasoning for the support staff strike at Conestoga College. Delays of nearly two hours on the first day of school caused frustration for many on the Green campus.

and said that while pickets achieve the strike is important.

Second year business administration management student, Kelagh Horner, spoke about how she didn't

see different staff and it can be very difficult for students, students' families and the staff on strike," she said.

Hanay, who is also a one-and-a-half-year program advisory committee representative, said, "I feel that the majority of the students are paying all the dues on the support staff that are out on the picket line and they aren't willing to leave or leave the whole story."

However, Vicki Nguyen, one of the more frustrated students, said:

"The first year design lab students' student is supposed to help out the strike and was happy to share her opinions."

He commented on several of the big issues including the reduced hours of the teaching staff.

"We believe, you have people working at 8:00 p.m., before 8 a.m., and another group from 8:00 p.m., before 8 a.m., and they are not still working. That is unacceptable," he said.

Nguyen also said Grand River Student's decision to not close the picket line was an "accommodation for students." He, like many, just wants this strike to be settled.

Around the school many students have reduced hours.

During the first week of classes the bookstore was only open from 10:00 a.m. to 5:00 p.m. and 5:00 p.m. to 7 p.m.

Since then, the bookstore has extended its hours to 10 a.m. to 6:00 p.m.

Other major concern often include the reception desk which has been closed except for students using it for academic purposes and the Registrar's Office which handles enrollment and their selection.

For a complete list of effect of services, go to the college's home page and click on Information regarding college services.

For more strike-related stories and photos, see Pages 6, 8, 9 and 10.

## Now deep thoughts ... with Conestoga College

Random questions answered by random students

**What is number 1 on  
your bucket list?**



"Travel the world."

**Cassie Martin,**  
Business  
presentations and analysis

"Sleep with Miss Karla."

**Dave Pollock,**  
second year  
electrical engineering



"Travel anywhere."

**Alexander Baker,**  
principled  
integrated marketing  
communications



"To be a doctor."

**Andrea Hender,**  
first year  
design foundations



"Skiing."

**Megan Miller,**  
joint 4  
Bachelor of business in marketing



"Have dinner on a sailboat."

**Mike Radhakrishnan,**  
first year  
broadcast television



From Conestoga, you could be our next superhero!

## Find a balance between school and socializing

By ALICEA BROWN

Often called "The most wonderful time of the year" by parents, back-to-school always shapes up to be the same for a lot of students, too. Of course, this excitement usually isn't brought on by thoughts of sitting in a classroom with a text book. Rather, the main excitement is in the appeal. A lot of young students returning to college and university get a boost from parents' rules and feel like they're trading all that in for socializing, parties and trips to the bar.

Though fun in college is expected, what happens off all the drama that can come with that, having an "oncense"? The Conestoga College Dean of Students Health office is warning parents: a responsible parent knows who will pull the

other end of the string, revealing that students with 87% average grades have less than half the alcohol (less than students with "D" and "F" averages do) (9.93 drinks per week).

When asked, students around the campus seem surprised. Adriel Doherty, a first-year media broadcasting student, suggests that it's not the alcohol but the time taken away from responsibilities that might be causing the "That's why so many first years fail, they're drinking instead of doing stuff," he said.

Second year, electronics engineering student, David Pollock, agreed. "Everything is moderation. When I drink I do drink a lot, but you have to find a balance," he said. He has found that balance. "We

drinking doesn't affect my grades, my grades are pretty good," he said.

The Region of Waterloo Public Health Unit posts online to keep people including parents informed of the effects of alcohol on the mind and body. One article states that some serious effects of alcohol use include an increased risk of stroke, car and high blood pressure. It suggests that people who choose to consume alcohol should limiting more than one or two drinks daily and take at least one day off weekly from drinking.

These website also includes information regarding alcohol poisoning and binge drinking, safe party planning and a variety of other articles surrounding the subject to keep the public informed.

## New year, new menu options

By KARENTHA BULLISTER

With the 2012/2013 school year upon us, it is time to make new meal choices from Chartwells.

There are many new items, beginning with breakfast options.

The year Chartwells is offering seasonal as well as a regular hot cereal, such as bacon, eggs, oatmeal, sliced ham and potatoes. The French toast and eggs option remains. Durban, mostly new options too, including wet sandwiches and pasta options.

Karen Dunn, food services director, and some of the items on the menu have increased in price because of rising market prices. She said with prices having gone up at the grocery store, Chartwells had no choice but to raise their own prices.

"Milk is up 20 per cent, carrots are up more than 30 per cent, potato bushes are up 21 per cent flour is up over 80

per cent, corn is up over 80 per cent, frozen potato products are down, fresh carrots are 15 per cent up, onions are up 11 per cent, dragon slides are up 15 per cent but are a 10 per cent and whole oil is up over 10 per cent.

"That can be immediately visible with a trip to the grocery store or gas pump. Despite that, we have only raised our prices 1.5 per cent overall," she said.

Dunn also said promotional products such as a bottle of Fanta or Coke here have

increased in price by 2.5 per cent as well because it helps businesses and other areas across the menu.

"Many items have remained unchanged," she said.

"Convenience items such as boxes of Coke or Fanta, chips, chocolate bars, candy and wrapped products have taken the absolute fall 2.5 per cent increase to allow for more flexibility for our real food items across the board."

One other change is the loss

of one chef, Rick Wood, to work at the drycleaner has at the Bonn campus.

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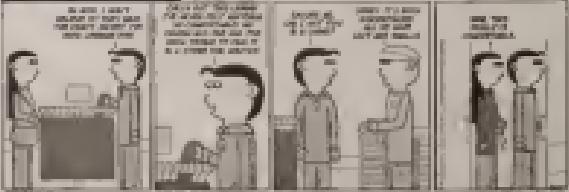




PHOTO BY JASON WILLIAMS

Conestoga student Paul Serecksi was one of the many students studying in one of the College's new study carrels in Cambridge on Sept. 9.

## New Cambridge campus up and running — almost

By JAMES McGEORGE

Conestoga College has "nugget" a solution for the growing demand in skilled labour, its new campus building has opened in Cambridge that is the home of the School of Engineering and Information Technology.

The building, located at 559 Main St. N directly across the 411 from Conestoga's Kitchener campus, at over 300,000 square feet and currently has more than 1,000 students in various engineering, Institute of Food Processing Technology and trade programs.

Mike McDermott, executive director of the School of Engineering and Information Technology, believes it is "an dramatically important that we have industry-relevant facilities we're located in the tools

industry taught ... A Conestoga education is an excellent product, and companies know that."

The building has several unique features such as a strong focus on natural light, energy saving lights, windows to allow sunlight in and expanded parking spaces in the parking lot for cars that accommodate over 500 vehicles. Various conference rooms study areas and laboratories are also some of the highlights of the new building.

Though many may agree there are still things to be completed, such as a cafeteria and various student amenities, as well as many classrooms that aren't expected to be operational until the coming year.

"It's now 2½ years modern and clean looking, it's uniform and there's a striking profile," said Amanda Shandow, an architecture-structure

engineering technology student at the campus.

"I think they shouldn't have started it [the programme] until it's ready. I don't think [it's] a good idea," said Leah Schreiber, a first-year engineering student, who has moved over since summer class has come up in her first week at the campus.

McDermott is aware of the problems, such as some class rooms not having enough chairs and desks, but insisted everyone that they were working as quickly as they could and that the majority of problems were "behind us."

The building is phase one of a \$30 million plan that uses the US\$ 100 million being transformed into a campus there, when finished, is expected to have over 8,000 full-time students.

Students such as the new Cambridge campus General Rover Trainor is happy about the new campus but they are using a permanent stop at a temporary college stop on Conestoga Boulevard.

Mike Dawson, the vice-president of Student Affairs and Student Services, said all the above have been no surprise to the Student Services office. Student Services would ensure that students are able to get to class.

The students themselves do not have any major issues toward the students and even helped one student in a wheelchair off a bus.

"We want to come back to work," said Tracy Johnson, president of Local 255 of the Ontario Public Service Employees.

## Shortened hours fuel shortened tempers

By MARIA HERRING

Conestoga College students are not impressed by the shortened library hours due to the strike.

Most of the Library Resources Centre staff are on the picket line, leaving the centre short-staffed at a crucial time — the beginning of the school year.

"We've been very busy because of the strike. There's only two of us working now," said Leslie Schreiber, director of the LRC.

Located on the second floor of the main building, the library has been open to most students over the years, especially during term times and exams. Because of the strike and the loss of the majority of its employees, the LRC had to shorten its hours.

The library's new hours are Monday through Friday from 8 a.m. to 4 p.m., as opposed to its previous longer hours of Monday to Thursday from 7:30 a.m. to 8 p.m., Friday from 7:30 a.m. to 4 p.m., Saturday from 8 a.m. to 1 p.m. and Sunday from 12 to 4 p.m.

Students are disappointed by the lack of access to the library, which is causing them to go elsewhere for research. "It's not as good as it used to be," said Leslie Schreiber, director of the LRC.

Others take a harder approach. "It's pretty BS with constant changes like that I think people will be fine," said Leslie Schreiber.

For further information contact the Library Resources Centre or its library hours, call Leslie Schreiber at 519-885-1220, ext. 2040 or email her at [leslie.schreiber@conestoga.ca](mailto:leslie.schreiber@conestoga.ca).

the housed hours

"I have classes until 4 which means less time for me to get work done," said Holly Branson, a sociology and early childhood education student.

"It is hard to find enough time, especially later in the day, as the students haven't had it," she adds.

When asked to the library atmosphere, the students have strong opinions.

"It is always hard to find computers in there, it is always so crowded. The atmosphere is generally bad and I feel which is normal because it's supposed to be a quiet place. As for the service it does not benefit the students, rather it annoys every person there," said Matthew Radford, a second year business management student.

Others take a harder approach. "It's pretty BS with constant changes like that I think people will be fine," said Leslie Schreiber.

For further information contact the Library Resources Centre or its library hours, call Leslie Schreiber at 519-885-1220, ext. 2040 or email her at [leslie.schreiber@conestoga.ca](mailto:leslie.schreiber@conestoga.ca).



PHOTO BY MARIA HERRING

Conestoga College students, Holly Branson-Battille and Colin Foster, are not impressed with the library changes.

## GRT creates temporary stops

By JAMES McGEORGE

Students and anyone else who takes the bus to Cambridge may have to jump to accept the temporary stops as the grade reductions continue another week.

So far the buses have not entered the Dean campus and Kitchener's director of transit services for the Region of Waterloo and four buses it could cause drivers which would have a disastrous effect. It didn't concern on the first day of school when a bus was stuck in traffic on Waterloo Boulevard and several passengers got simply stuck to get off and onto the school. Currently buses are receiving the message that they can never reduce the risk of being held up by

the school and drivers are doing all they can to keep things working. She has not noticed a change in the number of passengers, mostly because she has not been riding the bus for very long.

Another student, Jan Deneke, quickly finds the changes to be annoying. He is just trying to deal with it as best he can. He has, however noticed a change in the number of riders.

The workers themselves do not have any notion toward the students and even helped one student in a wheelchair off a bus.

"We want to come back to work," said Tracy Johnson, president of Local 255 of the Ontario Public Service Employees.

## Zehrs and Sobeys offer students discounts

By MARIA HERRING

Food is expensive, and so is going to a grocery. That's why both Zehrs and Sobeys offer 10 per cent student discounts.

Zehrs offers these student discounts every Tuesday, all students have to do is show their student card or a driver's license card, which will also gain you many more if it is valid. This offer is also available for all current students at Conestoga College, the University of Waterloo and Wilfrid Laurier University and is offered by every Zehrs

store in the Waterloo area.

Zehrs offers 10 per cent discount, every Tuesday, Wednesday and Thursday. At 9 a.m. to 4 p.m. you have to show your student card to receive a five percent card, which will also gain you many more if it is valid. This offer is also available for all local college and university students in every Zehrs store in the K-W area.

This is the second year for both franchises to offer a student discount.

# Strike hits the road

By BYRON FISHER

Driving over the Don Valley on the first day of school delays were to be expected. What was not in the first day of college for many students, but the strike by the Ontario Public Service Employees Union (OPSEU) was expected to slow things down a bit.

That was an understatement.

People crawled along in the right-hand turn lane going into the campus for what seemed an eternity. Now that was bad enough, but the people who were backed up onto Highway 401 must have felt like they were in hell. When they finally managed to turn onto Don Valley Drive, the road had begun. According to a Sept. 8 story in the Waterloo Region Record, over 100 vehicles were walking around with signs and Tom Hagen guitars in their hands. That was chapter almost of drivers as they headed out in protest and gave a little yell at the reasons for the strike.

There is no problem with support services at Ontario's 26 colleges going on strike. I fully truly believe they deserve more money, benefits or job security, they have every right in law to take the picket line.

But when they caused so much havoc and threatened us as they did on the first day of school, that is a problem. They've made very little to put students first, yet they raised many students to be late on one of the most important days of the year.

There's nothing wrong with parking in front of the school to stand up for what you believe in. On the other hand, there's no reason to stop almost everyone on glorioli that causes by law itself the drivers why they are doing that. Students are already late one of the reasons, support staff is what cause anxiety. There hasn't been a strike in recent history that hasn't about anxiety. The strike required a pay increase of 3.6 per cent over three years, demanding a stated 3.6 per cent annual increase over three years.

Students may be disappointed that some colleges are not part of the increase, but their real frustration is being caused by the long delays at the early morning hours.

Students do not have the power to give the workers a raise so why do the workers feel the need to target them? They should stop targeting the students and start talking to the people who can help end it.

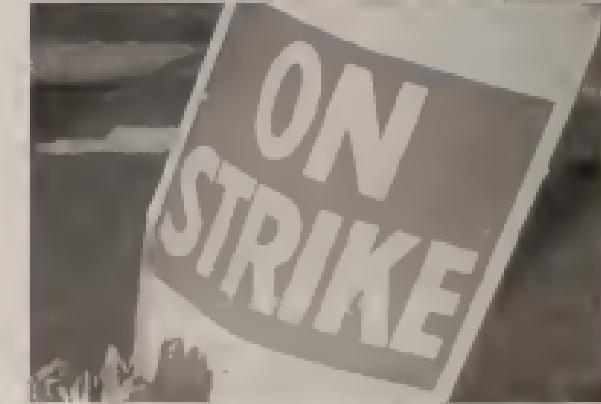
We're going both sides to start talking as soonest, and get a deal done. For everyone's sake.

## Letters are welcome

Spoke welcomes letters to the editor. Letters should be signed and include the name and telephone number of the writer. Writers will be asked to verify their identities. Unsigned letters will not be published.



Letters should be no longer than 500 words.  
Spoke reserves the right to edit anything for publication.  
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As the strike stretches into its 19th day, there is frustration on all sides

# Parking way overpriced

From a reader from nearby singer:

Parking permits have gone up so much of staff, faculty and students day and let me park my car — or at least I think that way.

In 2007-2008 parking permit was just \$200, but has gradually increased since then to \$420. For an annual pass? Why the \$70 jump in price?

It certainly appears to be a money grab.

The money hodge cost cuts such as tree removal and maintenance, but in the costs \$70 per person for an annual pass really necessary? Students have enough time to worry about getting to class on time without having to shell out a few hundred dollars a year to park their vehicles.

The problem isn't just with the green staff and students are paying for permits that don't guarantee a parking spot, specifically in Lot 10-11. This school is selling more permits than spots available.

The rationale, and everyone's favorite excuse: Money!

However, just because everyone's vehicles don't



Jessica Martin  
Opinion

fit up perfectly does not mean students won't be encouraged. Students still come to school to access the resources and take part in school activities. Study in the library or go talk to a teacher or tutor.

Conestoga should consider running a system such as the one at the Wilfrid Laurier campus in Waterloo. Instead of just purchasing a permit for a parking lot, they buy a specific parking spot. These guarantees they will have a place to park each and every morning without having to race their time.

Conestoga College is not the only campus with crazy parking lot problems with overcapacity.

Like Middlesex, a professor at Waterloo University in Waterloo, Ont., has professed of 31 years on Aug. 28 because of a shortage in

parking.

Middlesex gave up his spot in line after waiting for a couple of hours to buy a parking pass, according to a CTV news report. He had been waiting in the line along with hundreds of other people to buy one of the 2,000 parking passes available to the 17,000 students and 5,000 employeas at the school.

He gave up to his frustration left the line and quit his job.

"I work straight regulars and I used to be holding this now. I don't have to pay up with this," he recounted, as told the CTV news reporter.

As crazy as his aggression was, he told the reporter he didn't mind leaving.

Middlesex not only would have to leave around \$300 to secure a spot in a parking spot, even though he didn't have to teach until 2:30 in the afternoon.

Parking at Conestoga may not be quite as limited and difficult as parking at Waterloo, but it is certainly no perfect.

Undoubtedly, you all have the luxury of walking away from the problem.

## SPOKE

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# Students flip for pancakes

By KAREN BYRNE

Most dorms would have been packed.

Whether they wake up early or stayed up before their first class, most Conestoga students ate free pancakes and maple syrup for breakfast on Sept. 8.

The second pancake breakfast, organized by Conestoga Students Inc., started at 8 a.m. in the Savantary down the hall, the home of hungry students who lined up the door and down the hall.

Nearly 800 pancakes were made for the morning giveaway and Celia Byrne, CSI president, who helped served two pancakes per

person.

Sarah White and Allison Delaney, both third-year accounting students, were grateful for the free flapjacks served and said she would not have eaten breakfast had breakfast before her morning class.

Lewis, a Peterborough-based local played live music during the breakfast. Despite missing out on some of them this year, Lewis, who moved there in September with their traditional Canadian rock collection, More customers than ever came to creditable sales of over 1,000 pancakes.

While college services have been affected by the

prolonged strike of Ontario college support staff workers, CSI informed the students and parents estimates of students during CSI events last week, and Byrne said,

"We just found out how many people," she said.

Although students may not have access to all of the college's regular services, the pancake breakfast and other CSI events are meant to continue the college experience for students, said Byrne.

"It's the few weeks back to school."

In addition to the pancake breakfast, White said she attended and enjoyed other CSI events the first week of school including the Fall Party on Sept. 8.



PHOTO BY KAREN BYRNE

Students at Conestoga College eat free pancakes after waiting in line at the free pancake breakfast on Sept. 8. The break fast was hosted by Conestoga Students Inc.

## Students must deal with maintenance problems

By KAREN BYRNE  
CONESTOGA COLLEGE

One of the most stressful times for college students is usually the first week of school, especially for those who are moving into residence. For many it's their first time ever from home.

There's the issue of having to share a room with a complete stranger, negotiating for chores and the odd maintenance problem with the rooms.

"When I moved in, I didn't experience any major problems, but I did have a few inconveniences. I didn't have a door to the bathroom, had noise, perhaps one for the bathroom or a microwave pilot," said Laurice Lake, who is in the first year of the housing maintenance apprenticeship program. "I just filled out a

form at the residence front desk and they got me my change orders that fixed it."

The students are not the only ones who feel the first week was stressful. The residence staff have had to deal with as well. Jennifer Gandy is a customer service representative at Conestoga residence, and that means day went smoothly. The students came up afterwards.

Gandy said that most of the issues involved maintenance in the rooms.

"Residual and dust on the furniture have been the biggest one," she said. "Refering to the condition of some of the furniture in the rooms. She also said that another issue was trying to get the rules known to the students.

"There will be ongoing battles."



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# Long lines try people's patience

By LINDA SMITH

Congress College students are hoping their new page will be turned sooner rather than later in autumn.

Lasted hours at the on-campus bookstore due to a previous strike by support staff at Ontario colleges has frustrated and caused numerous setbacks to students trying to get books and supplies.

With a backlog in hours and fewer staff at the store, students have been lining large lobbies to get their books, some even standing in line for three or four hours.

"Getting books this year is a log house. I have been checking the line every day. Two hours at a time and the line just goes into the bookstore and it goes down the entire hall way," said second-year student Courtney Parker.

Dylan Hollister, a first-year student who is facing the prospect of starting college, says he has the added stress of trying to get everything he needs in progress for his classes.

"I haven't got my books yet because every time I go there is a long line made of a thousand and two hours is the duration of the strike," he said.

However, with a mix of staff, the bookstore's few employees have been trying to keep up with the rush that the first week of weeks of classes demand.

"We've done our best," said manager Adrienne Hartley, adding, "We're missing out full time staff."

With a smaller group running the bookstore and hours being cut, students are finding it harder and more frustrating to make it through the line between classes.

"Students are frustrated that the bookstore is only open when they are in class and that closed when they are done class," said first-year student Lisa Bailey.

The bookstore, which has changed its hours and will now be open from 10 a.m. to until 5 p.m., is offering web ordering on top of the extended hours although they can only do about much with current staffing.



PHOTO BY LINDA SMITH

Congress College students at the Oshawa campus wait in line for a chance to enter the only on-campus bookstore Sept. 8. Students have been facing waits of over two hours at the Pickering campus.

"We have to have downtime to get back of books orders," said Hartley of all the reasons why regular orders take the bookstore a minimum of two of everything else.

Because of the strike continues, students can expect long lines, delayed web orders and different hours at the Pickering store to keep up with the amount of students trying to get their supplies.

For more information on the bookstore's hours, online orders or changes to services visit the Congress College website at [www.congress.on.ca](http://www.congress.on.ca).

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## You can count on them

By LINDA SMITH

All fall term students at Congress College have access to the college's Counselling Services. Students can make an appointment with the staff there for a wide range of problems whether there is a crisis or a personal, career or academic issue.

"Special needs" can be an added factor or major. They can include a person suffering emotionally due to break up, a person with financial need or a person with a medical disorder.

Generally students would need to make an appointment to see a counsellor. However, if you are in a crisis and need to be seen immediately you will not be denied as long as it is urgent. There is always a counsellor on-call day.

Permitted counsellors can be any one that a student may feel is understanding with their personal life. If a student comes to make an appointment that

counselling department does not know what student will be referred within the community depending on his or her needs. The student's needs may require something like case management. In addition, students don't also have a works both ways, if students themselves feel that they do not want counselling within the school, the case working department would then help the student to find another arrangement within the community.

"Sometimes we may refer someone outside the college or the community because we may not have a certain background," said Ruth Givens, a professor of Counselling Services at Congress College in Durham, Ont. "Part of what our job is to help people assess what the problem is and if we should continue doing the counselling ourselves or if it seems more appropriate to facilitate that student help within the community."

Students coming to me when they are in trouble college as if they went to switch programs and visit Congress Services, a different college departmental, but it is no longer regarded both students and parents that the counselling and guidance the counselling department will be glad to help each those more complete issues. That can include making orientation of a student at Worldwide or not and that he or she may have a learning disability. Counselling would assess where the barriers are and how to a plan to help.

There are seven counsellors at Congress College some of whom travel to the Cambridge, Waterloo and Guelph campus as well. All counsellors have a master's degree in various types of social work or related area and counselling. They are also all trained in presentational counselling.

To make an appointment, drop into Room 1400 at Davis Campus or call 905-746-5250 ext. 5000.

# Path to college daunting to some

By RACHEL RENNEY

As rising tuition costs take the ranking of fears in school, some high school graduates have bigger new worries.

While others may sleep tight, many others realize they do not have the funds to attend college right out of high school, even with financial aid assistance from the Ontario Student Assistance Program and other resources.

Regardless of the path from friends, family and high school counselors to attend a post-secondary institution, many students opt to take a gap year to work full time in an effort to save money.

Sara Robert is headed

Collegiate Lincoln graduate, agreed that the pressure can be overwhelming.

"You just get out of high school and you're still a teenager [18] now to decide what you want to do with the rest of your life... it could be kind of a struggle for young adults of tuition costs," she said.

Many students say that they believe a "good job" is attainable without a degree at the very least, a dictate Robert said she thinks finding a job or career for her more as a student with no responsibilities.

"During school, Roaming June is fine. But not after," she said.

Robert said she was accepted

at an every university she applied to, but lack of finances is preventing her from pursuing her dream career as an archaeologist.

Pursuing a dream job might be less of a struggle for young adults of tuition costs, while loans.

"Everyone goes to high school, except for a tiny, very select few. If tuition was lower, and you really wanted to do something you could there's nothing else holding you back," Robert explained.

Sarah Doretti, a former Georgetown College student in the midst of a program change, had a slightly different opinion in regard to tuition costs.

"You're going to be taught what you're going to be doing for the rest of your life. Don't just wait. That's where I'm at right now. You have to go through what you're going to do. You have to put in your time and money to get a higher paying job."

The Liberal party recently launched their new platform for the Oct. 6 election, proposing "a new tuition grant for full-time undergraduate students from lower- and middle-income families that will cover \$1,000 per student in university and \$700 per student in college, annually," according to Ontario Minister of Education Eric Hoskins.

Alternatively,

Progressive Conservative party is promising to cap up to 60,000 postsecondary spaces in Ontario. They are also promising to "find new ways to educate more, afford students and families on our post secondary institutions, as well as "raise the threshold on financial support, to make it more accessible for middle-class families to send their children to college as necessary," according to the Ontario PC Party website.

If the parties follow through with the financial aid they are promising, future high school graduates might find the path to post secondary education a little easier to travel.

## Aboriginal Services popular with students from all over

By ANTHONY GARCIA

Why are the Aboriginal services being offered at Georgetown so appealing to students of other nationalities?

Myanmar Henry, manager of the Aboriginal Services department at the Penn campus, was particularly surprised that these services are attracting more than just the Aboriginal students of Georgetown College.

"Friendships have been formed with Aboriginal students and students from Mexico and El Salvador and even some Asian countries," Henry said.

Meeting other indigenous people from various backgrounds possibly because of the natural connection indigenous share," he said.

**Friendships have been formed with Aboriginal students and students from Mexico and El Salvador and even some Asian countries.**

— Myanmare Henry

The services offered will include gatherings such as powwow events and workshop bookings that will consist of traditional food such as soup and dumplings.

The luncheons will take place at the campus' wood working building.

The usual powwow, which had the school's recreation centre packed last year, will take place Feb. 26, 2013.

Last year there were approximately 200 Aboriginal students at Georgetown College but that number is growing with 300 new in coming.

Myanmare will also be hosting a one-hour long radio show called Black Voices on Georgetown's radio station CTV8 every morning at 7 a.m. It will include teachings, discussions on current events and feature Aboriginal communities.

For more information, Myanmare Henry can be reached at aboriginalservices@georgetown.ca or at the Aboriginal Services office in Room 1A-08.

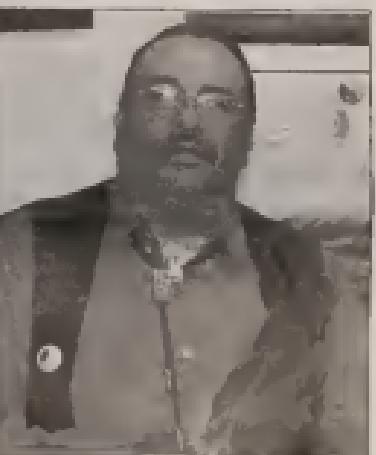


PHOTO BY ANTHONY GARCIA  
Myanmare Henry at the Aboriginal Services office speaks about upcoming events and her vision.

## Rogers' new lineup of shows sure to keep you entertained

By ANTHONY GARCIA

From programs from True Blood and Jersey Shore, Rogers TV has so many new and exciting shows that you'll bound to find one you like.

School is back in session and schedules are jam packed, so many students are finding it harder and harder to find time to be the gym. With new shows such as Beach Body, Rogers TV gives students the option of staying home and working out the Monday blues rather than

making the trek to athletic classes.

Rogers has an organization new lineup to keep viewers warm and entertained this season as the weather gets colder. Winter College students, Beach Body, a 20 minute workout that is "fun and challenging" according to part-time Georgetown college student Gregory Spiteri, 20.

Gregory expressed at Spiteri's gym in Guelph, "Vivian Fitness" during the summer. While he did not

ever meet Beach, he was told about the show by some work out buddies and was pleasantly surprised with the results.

With more than 40,000 hours of experience in person of training, Beach offers an hour a week class for working out and for those helping them keep their jeans fitting right.

Coach Beatty averages work out Tuesdays at 2:00 p.m. or early Tuesday and Sunday at 7:00 a.m.

If you would rather workout your Friday evenings and take

in some Rogers action, Forbes Kitchen, Rogers' Hottest potluck with an extensive lineup of Rogers hosts and new guests.

"Last year during the season it was the most reliable source of 'cooking news'" said Jimmy Kimmell in Georgetown and recently graduated student and avid Rogers fan.

"I normally watched it like it was my job."

It's hardy doesn't weaken your soul, and you can see its overall influence than I Do Music as your source for all

things aside on the local music scene. Each week host Carrie Hampshire, a Georgetown college graduate, will take viewers backstage to showcase some of the hardest working unsigned talents in the region.

At the end of the day, if none of these shows meet your needs, you can always participate in the traditional TV Shows. If you did badly, viewers have the chance to win their share of \$2,000 in weekly prizes and you will also be supported by local Local Clubs and charities.



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# Life is a ride running a carnival

By JEFFREY STONE

Anyone who goes to a fair, such as the Pawtucket Fall Fair held in October, can count on having a relaxing, fun and stress-free time. Unless you're the man managing the rides, games and food concessions that contribute to a large part of the fair's operation.

From the time of arrival, it's just two days of setting up a nearly four days of fair traffic and a long night tearing down before families leave after the end. Not to mention dealing with whatever might go wrong on between.

Family-owned and operated Campbell Amusements has been managing the Clinton, Quaker and Mechanics fairs since 1987. The amusement company is only into two small, orange and blue, with each traveling a different route. The groups are managed at the Cambridge Fall Fair from Sept. 6 to 13, bring along a list of its 40 rides and concessions, including favorites such as the Tilt-A-Whirl, roller coaster, bumper cars and an assortment of family and "adult" rides, as well as games and concessions.

Danny Campbell, 45, amusement park and former Connecticut College student, was born with the carnival business in his blood. Like his father before him, he plans on making a life of it. "There hasn't been a year when I wasn't travelling with the carnival," he said. "It's part of me to keep track of it, but it's too required about how the fair will be doing over at the Orleans Fair. I have really good experiences," he chuckles.

He started working the fairs at the age of 11 and now drives around the lot in a gold cart supervising all the work that goes into setting up



Photo by JEFFREY STONE

Danny Campbell, owner/investor of Campbell Amusements, takes a break from his job over Labor Day weekend to travel the state managing the Cambridge Fall Fair on Sept. 13.

a show. Today he's wearing shorts and a light blue crew-neck shirt and sports a neatly trimmed mustache. Many of his staff have over three years experience, others are newbies, switching from one another or doing last-minute checks.

Campbell has over 80 staff on the payroll. No one brings their bags on the road — even Campbell's own bags stay at home in Brewster — because there's a free porta-potty at the show, including a small toilet and a vanity set with a back mirror. Most of the staff are wearing the company's uniform bright blue T-shirts with the Campbell Amusements logo, a clever change of a stacked A-shaped logo on top of an A, representing the shape of a Ferris wheel.

Danny's staff doesn't live off owned food, as might be expected. "We have a cook team," Danny said. "We try to stay away from the same days and the tricks. We eat regular food, just like you'd eat at home." Many of them have been



The Cambridge Fall Fair is up the sky high. If the perfect weather gave rise to a wave of families and students coming various candy and riding the ferris wheel.

you, man."

When asked if he is making a career of his new job, Danny said he plans to finish the year. "I've got about six days after that. Next year, we'll see."

Campbell's newest home from home is Thanksgiving. The company travels as far north as South Lake, Maine, and down after a week to Florida. "They've got about one day after we come down — probably the worst weather — so we could end up in Fla. the same place again, regardless of the weather. We sit up and listen to the rain. What can you do?" Danny said. "We just get fewer people coming out."

Once the season is over, the show returns to its home base in Brewster. Danny said about one people staff several shows during the winter months. The rest of the staff find winter work, such as truck driving, to keep busy

until the spring.

Whether it's an issue on the Cambridge fair. The pavilions were another story with one breaking down in the middle of operations. But it's just another day to another town, and Danny's already moving on!

## END OF FALL FAIRS

- Bradford Fall Fair Oct. 6-13, Park Ave., Bradford
- Brewster Fair Sept. 22-25, off Oxford Road 25, Brewster
- Easton World's Fair Oct. 7-10, Old Highway 4, Easton
- Kennebunk Fall Fair Oct. 7-10, Main Street, Kennebunk
- Andover Fair Sept. 23-25, Hill Street 24, Andover
- Princeton Fall Fair Sept. 24-Oct. 1, 11 Ross St., Princeton

## Butter chicken for dinner, anyone?

By REBECCA SMITH

If you had business at City Hall on Sept. 10, whether it was paying a parking ticket or bringing that sweater a dress you never seem to get more than you bargained for? Why? Because of Nisha Patel.

Patel is an amateur South Asian cultural fair, which takes place in the garage in front of Gloucester City Hall. This year it filled the square with music, vibrant colors and the smell of Indian cooking and sweets baked.

Miles before together became a tradition, Patel organized events that are now held in the South Asian community and allows them to push their wares and

promote their business.

Milei said, Nisha Patel, was pleased with this year's turnout.

"We feel that we had a large and diverse group and an exciting the South Asian community that has supported us," she said.

There was also lots areas to interest throughout the day. Local dance groups and musicians put on cultural displays by spectators in the square.

"They're awesome," Nisha said. "It's done really well, very colorful and vibrant," said a spectator, Sulayeb Majeed.

Majeed has been to the fair before and said the food is "a great variety of deliciousness in the community."

Patel Patel is part of the dance group, Jodi Punj, one of the most anticipated performances of the day.

When asked what it means to her to be a part of the festival said, "It means a lot, we've been trying to promote our group and our culture for a while now and I love to be here."

Majeed is part of the Indian Cultural Association (ICA). ICA president, Shabir Sipahi, plays an integral role in organizing the event.

"The South Asian community is so vibrant here and that is the perfect stage for them to meet and strengthen what they have, what they can offer," said Sipahi.



Photo by REBECCA SMITH

Shabir Sipahi, Dance Committee performs the Sindhi Holiya Dance at Miles Patel, a South Asian cultural fall which was held in front of Gloucester City Hall on Sept. 10.

# Invigorating the youth vote

By ALEXANDRA BOURGEOIS

An independent candidate in the upcoming provincial election wants you to vote, but not necessarily for him.

Peter Davis is a 23-year-old Waterloo native who believes voting "is the first step to doing anything more within a person's community." His interest in politics began while he studied international affairs at Guelph, Waterloo Region. However, it wasn't until he helped his mom, who was in last year's municipal elections, and another local politician with his campaign during the past federal election, that he decided to do more for the community.

"I became more and more interested in local issues and the way people behave on a local level. They can have a very large influence on politics," he said.

Without the financial backing of a party, Davis has had to rely on simple leaflets and traditional hand work such as knocking on doors to make people aware of his platform and message.

By knocking on doors, you

get a sense of what people's issues are, you get a sense of what they want out of their politicians and, by adding in all their platforms on those issues,

he's also been campaigning in less conventional ways.

"I'm going to get out on the streets at night when students are wandering to and from the bars and hand out leaflets and create buzz that way."

He believes students respond to "heat" on social networking sites such as Twitter and Facebook more than they do from traditional news sources. He often encourages people he meets to hand out their own signs after their large group has left for upcoming elections.

Davis isn't the only one using social networking to help invigorate their party options in politics.

Londoner Dr. Jim Leckie, based community, is advancing a more social message when referring youth to vote in elections by saying "you only — the political voice of a child, not

involved. In 2010, their objectives are to "foster our



Peter Davis, an independent candidate in the upcoming Oct. 1 election, called the campaign fuelled by "heat" on social media.

democracy, strengthen our communities, enhance social inclusion, extend economic opportunity and protect our planet," according to their website. In the past federal election, they appealed over 8,000 people to vote.

In the 2008 federal general

election, 22.8 per cent of the eligible population turned out to vote, the lowest recorded in data a decade. Elections Canada attributes it to a long term decline in voting among youth youth.

Since then, Ontario's election laws have changed in order to bring people back to the polls, especially students. One such initiative is known as the special ballot. In this case, in voting in person a person may also vote by mail using the special ballot, a

method likely to appeal to students who are studying away from their hometown.

Dr. Leckie says there were many elections coming up though, when asked if he would ever run for an independent candidate in said. "Sure I'd know where they stand on issues," he said.

For more information on Peter Davis visit his website at [PeterDavis.ca](http://PeterDavis.ca).



## Counsellor's Corner

### Welcome from Counselling Services

To those students who are beginning their college career at Conestoga, welcome! Right now you are probably excited about opportunities to learn more about your area of study, meet other students and just find your way around campus.

We encourage you to take advantage of the many services that Counselling Services have designed to help you be successful. Professionally trained counsellors can help you matches between that stand in the way of you reaching your educational goals. Amongst to see a counsellor if you have academic or personal concerns during your time at Conestoga. Groups and workshops are offered for such issues as performance anxiety, stress management, and resilience. Counselling is free, voluntary and confidential. We can also refer you to other College and community resources that can help.

To those students who are returning for another semester of study, welcome back! We hope the coming term provides fresh ideas and challenges, new friends and activities and brings you closer to your academic goals! Come and see us in Counselling Services if we can help in any way.

### Counselling Services; L101 Student Life Centre

[www.conestoga.ca/counselling/](http://www.conestoga.ca/counselling/)

## Conestoga website goes mobile

By ALEXANDRA BOURGEOIS

Conestoga College students are now able to connect life and learning through a new mobile friendly website.

The college's website

[www.conestoga.ca](http://www.conestoga.ca), is now accessible through both traditional computers and mobile devices and no application is required. However, not all students know about the changes in the site, which came into effect Aug. 1.

David Jack, a first year pre-health student said, "I didn't know about it. When asked if he could give me a tour, he said, 'No, I don't have a camera phone.'

The decision to enhance access to features and information on the website was made based on the growing number of people who use mobile devices to access the college's many websites, said Andrew Rossman as a senior release. Rossman is a senior web developer who led the development project.

"I didn't know the website had been changed," said Steven Pankin, a second year television broadcast student.



Photo by ALEXANDRA BOURGEOIS  
Lighthorne Avenue, a first-year pre-health student, accesses the school's mobile-friendly website outside of residence Sept. 12.

"It would be useful if they were trying to get last minute updates on what their class was going to do."

The number of mobile devices carrying the website has doubled in the past year and increases by almost 10 per cent of all website traffic.

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**CRAM  
SHOPPING  
NIGHT**

**Wednesday, October 2nd, 2002**

**Conestoga students, faculty, staff, parents and friends are invited to come along and support our annual Cram Shopping Night. This year's theme is "Craze". Proceeds go to each school's chapter of *Alpha Gamma Delta*.**

**7 PM - MIDNIGHT**

**Conestoga Hall, 100 King Street, Waterloo**

**www.conestogamall.com**

# Timmy Cam is ultimate resource

View the Tim Hortons' lineup from any college computer

By ERIC MORRISON

For faculty, staff and students with a taste for coffee, tea or beer, Tim Hortons' Timmy Cam, which monitors the line at the Tim Hortons lineup, may become their ultimate resource at Oshawa College.

"Just a few days ago I heard of it. Somebody on line was talking about it," said second year BEM student Curtis Gallaway.

"I had no idea it existed," said Adam Derewka, a second-year business management student.

44

**That (the Timmy Cam) is a huge time saver and a great idea**  
— Angela Dogs

44

The tool is now common but, in fact, been in place for three years, outside the Tim Hortons above the gymnasium building, since the IT department



PHOTO BY ERIC MORRISON

Oshawa College students, faculty and staff may not always have time for Tim Hortons as they wait in the long daily lines.

recent decided to look up an

faculty, staff or student

cup of joe

online feed is available

in any computer on the

college network, so any

student, faculty or staff member can

log in to any computer in

the college to view the line

to decide whether they have

enough time to wait for their

coffee or meal.

"In first year one teacher

used to put the Timmy Cam

up for us to see 20 minutes

before we sat down if we

were going to have to wait

an hour for our coffee," said

Derewka. "It's been a great

resource for us."

It's often said that the best

things in life are free, and that

may be even more true when it's free money.

Students attending

Oshawa College may qualify

for awards that fall based on

various criteria.

Vicki Russell, who works in

the student awards office and

has seen so many awards and

so many wonderful financial

opportunities for our stu-

dents," said Russell.

First-year students, who

completed either their second

or postsecondary education

with a minimum overall

average of 70 per cent, may be

eligible for the Oshawa

College Entrance Award.

They could walk away with an

award worth anywhere

between \$1000 and \$1,200

depending on their marks.

Students entering their one

or second year with a

grade point average of 3.75

from the 2010-11 academic

year could receive the

Oshawa College

Achievement Award — worth

\$1000.

To be eligible for these

awards, applicants must have

lived in Ontario for at least 12

consecutive months and must

demonstrate financial need.

They must also meet other

award specific criteria.

These criteria, as well as

information on other available

awards, bursaries and scholarships are available on

the university's website.

Then there are the

scholarships available

to students, and the best

applied for my awards yet

because I don't know any

thing about them.

"I mean I hear about bar

titles and awards and

groups of that nature and I

haven't had a lot of fun in do

research about them. My

goal was to find one, but not

one week because it's so

overwhelming," said Russell.

However, students may

want to look over some

awards earlier than later, as

the application deadline for

would make it back on time," said Martin Scott, a second year media communications student.

To look at the current-day Timmy Cam image type [tiny.cc/meyarw](http://tiny.cc/meyarw) into the address bar of the Internet. To get a constant feed of images click on "live mode." This will update the image every 10 seconds. To refresh the image press F5.

That is a huge time saver and a great idea," said Angela Dogs, a second year practical nursing student.

There is no need to stand on the bus stop again. For privacy reasons the image that is broadcast onto the college network has been compressed and the camera is slightly out of focus.

"We figured there would be lots of cameras from the employees and the students that hang out on campus," said Mike Albrecht, a technical support specialist for the college and creator of the Timmy Cam.

For additional security the Timmy Cam is password-protected using Oshawa's IP so that it can't be logged into the campus network.



PHOTO BY ERIC MORRISON

Dave Hutchinson, a community journalism teacher at Oshawa College, also the founder of the book review during a school day at Oshawa College on Sept. 10. Students may want to look this website to help pay for tuition expenses plus top

## Student awards office has lots of free money

### AWARD PROGRAMS

Achievement Award — worth \$1000

To be eligible for these awards, applicants must have

lived in Ontario for at least 12 consecutive months and must demonstrate financial need. They must also meet other award specific criteria.

These criteria, as well as information on other available awards, bursaries and scholarships are available on the university's website.

Then there are the scholarships available to students, and the best applied for my awards yet

because I don't know any

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"I mean I hear about bar

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goal was to find one, but not

one week because it's so

overwhelming," said Russell.

However, students may

want to look over some

awards earlier than later, as

the application deadline for

the achievement awards is Sept. 20.

Pritchard looked on the website and found that he could be eligible for the Rogers All News Radio Student Scholarship. He plans to do more research on this in the future.

Students may also want to regularly check their Oshawa College email as the Financial aid office will be sending information on future available awards at the beginning of each month.

Although many awards require students to prove financial need, those that don't mention need should still keep their eyes peeled according to a definition on the website. An award may recognize some form of achievement with no mention of other requirements. However, on the other hand, an award based on financial need.

Scholarships are based on students' academic program area, although there may be other components to them.

# CSI wants you to get involved

By NIKHIL D. MIRKHAZI

Whether you are new to Conestoga College or a returning student, the first week always brings surprises. Fortunately, those planned by Conestoga Students Inc. (CSI) were pleasant ones.

CSI tries its best to ensure that all students have the chance to be involved in the various events that happen throughout the term here.

Every year, Orientation week is filled with information about upcoming events with opportunities to get involved.

With the help of Orientation leaders brought to you by the Student Life department, you are paired to whom you need to be and made to feel right at home.

This year, CSI is trying to give students more free range and free tickets throughout the year. President of CSI, Chris Barnes, and their new web site, [conestoga.ca/students](http://conestoga.ca/students)

is a new social network that they created that offers students the chance to connect and receive updates on every thing that is going on.

"We've had a lot of first years sign up and they're all messaging me on the CSI social media part and asking how they can be involved and how to get involved in things."

"It's really helping us socially and a lot of students want to attend and the year it's not only first years it's a lot of second and third years that are excited about the things that are coming," Barnes said.

On Sept. 7, Jonathan Wayne Hoffmire performed and amazed the students with his distance and magic tricks.

For the first time this year, the free pass cards will be free to those VIP students who signed up on the website during the free scratch event.

There was also a comedian from Blackshear's Video on Trial who performed on Sept.



From left: Conestoga students, Roland Lee in academic attire, Jason Goss in a t-shirt, and Michael Pichot in polo shirt, are attending to their new school. They have joined the experiential approach at the

14, and the band Down With Webster took to the stage on Sept. 17.

Whether it's free concerts or comedians to entertain you in your spare time, make sure to

check CSI's website regularly for upcoming events that you do not want to miss.

## TRAFFIC TROUBLE AT CONESTOGA COLLEGE



Photo by RACHEL HENRY

Traffic was still congested leading Conestoga College's Dilico campus last week. Protesters are continuing to slow down the traffic but are no longer holding示威 so long.

Above right, Shanon Delbridge and Barry Beaumont, Conestoga supporters speak to frustrated drivers about the state of the entrance to the college. Sept. 8



Photo by SALLY WILSON



Photo by RACHEL HENRY

# This entertainment has a big impact

By REBECCA DUNN

Syndromes are being colour used to give them a chance.

*Impact 2011* is a two-day event being held by MT Space on Saturday beginning Wednesday at 7 p.m. The first event was held in 2008. The event runs until Sunday, Sept. 25 and has performances until 10 p.m.

The organizers call their work, Theatre for Social Change. They take real stories and problems from communities groups or individuals and represent them around them.

"People come to us, usually people working with certain issues, to try to discover a different medium through which they can communicate to the people that they work with and for," said Pam Pond, artistic director and co-founder co-ordinator and writer with MT Space.

Many different cultural groups from around the world will be performing for four days, including groups from Colombia, Lebanon, Edmonton, British Columbia and those from Waterloo Region, one of which is the organization's own group.



PHOTO BY REBECCA DUNN

The MT Space acting group performs for the Impact 2011 festival on their stage located in Kitchener on Sept. 21. The group includes (left to right) Ruth AbduChukor, Brett Cook, Pam Pond, Jennifer Greenhous, Tariqah Ben-Morrelli, Trevor Clegg and Krista Horner.

MT Space uses theatre as a way to create and engage audiences in issues to teach that many people face daily. Some of the topics the show deal with include gender, sexuality, culture and human rights.

They will also be gather-

ings held throughout the morning and afternoon starting Thursday before the evening festivities. The four-day conference usually costs \$100, but as early bird tickets start at \$85 for students, with proof of student ID. The fee is to cover the cost of food and refreshments each day.

The organizers specifically try to make the day lectures accessible to all students.

"We want students from all disciplines and walks of life to be able to attend and engage in the discussions

and voice their opinions as Canadian citizens and Canadian theatre practice and Nick Cummins, artistic associate and graphic designer of MT Space.

There will be discussions on all of the past performances as well. A panel is held on Saturday night at the Chrysalis Theatre (formerly known as The Giga), and costs \$10.

Free programs are also available for those who are looking to learn more about MT Space presentations such as: gender issues, systemic racism, systemic sexism and homophobia, and networking with like-minded artists.

"The idea is to create a meeting space that is fun and that will hopefully result in more ideas, and laboratories are happening sites and cultural events," Cummins said.

The Impact will focus on engaging the audience as they learn about diverse social and international MT Space has a goal to one day have 100 people involved in cultural and all other areas we focus today.

## Hoffman stuns Sanctuary students

By DANIEL MADDEN

In the words of Willy Nelson, "After so many readings I'm surprised to find my mind still fully tuned." I was surprised, considering how many figures it's brought and blown on the course of an hour by the charismatic, commanding and, above all, believable mentor Wayne Hoffman.

If you were to go to the Sanctuary at noon on Sept. 7, there you probably know what I'm talking about. For what really kept my interest was the distance and word paintings about a year the moment became main when he explained his tall tale in our students' day of days: name, address and the last six digits of birth, it becomes a drug to letters because there are days during an almost continuous session and glass bellringing students. Hoffman, however, takes time out during his set to briefly explain things such as how his studies into chemistry, geology and human behavior are really the root of his skill as much as reading.

However, in a moment of statistical knowledge, I could possibly explain the pre-dropping climate he shared with University College students.

During that much as his past challenges students that he had to change the later classes started a watch and take a picture with another student a million words,



PHOTO BY DANIEL MADDEN

Wayne Hoffman gave a lecture in the Sanctuary at noon on Sept. 7.

tomorrow either. But those didn't even come close to his amazing break where he never argued, reacted and then somehow fished a Coke out of pocket, if ever leaving the room's sight.

Even after the show Hoffman still went on shooting and singing. During the middle of the show he had asked someone to write something down so he could pick out random people and declare what they'd written.

After the show I went up to take his portrait picture. I got curious and asked him if he could guess the name that was written on my hand.

He told me apologetically that he didn't have time to figure it out and he asked me what it was, knowing, by now of course, I told him it was Oscar Wilde. He then asked me my birthday, to which I suspiciously answered Sept. 7. Then right before my eyes he sat down took his shot off and pulled out a small piece of paper that said, "Oscar Wilde." I was astounded.

As no one did he have the time or means to write anything down and put it in his shot. He explained that everyone has grey dots on the signals and he picks up on them at random without knowing who they belong to. So he writes down names and puts them in his shot.

Sometimes they come up in his car sometimes they come up when he's having a conversation after the show but sometimes he goes home at the end of the night with a shot full of unidentified thoughts.

Hoffman proved in one lunch that he is certainly a step up on an adult level. What appeared as a shadow on Ellen Degeneres and Howard Stern, in addition to performances at Carnegie Hall shows and other events and other keynote speakers. The further education about genetics makes him a true buffoonmagician.

## Pond Party a splash

By DANIEL MADDEN

Conestoga Students Inc. made a big splash at this year's Pond Party.

On Sept. 8 hundreds of students attended the event to indulge in free food, beverages and entertainment at various sites of CISU.

The recent Conestoga support staff strike caused worry that there would be a delay in goods ordered for the event.

But that wasn't the case.

The Guests of Food drink and music had students pouring out the Sanctuary door 10 minutes before the event even started.

"For our event the band started just as soon as people buy beer," said Eric van Polen, Conestoga student. Perry Gossard.

"It looks like we did a real good job here. The students are hungry," added student council leader Barb Fisher, who had volunteered to cook burgers for the event.

Local band Arctic Fox rocked the outdoor stage with both old and new tunes throughout the afternoon. The first year-old observatory rock band originated from Hamilton.

Free T-shirts, caps and stickers were given to the students handed out by Conestoga volunteers and CISU. Choices of winning free admissions to local events — such as Niagara Falls — Open Park — were offered at the party as well.

CISU also organized entrepreneurship booths in one alongside the Pond Party including one booth that offered a 15 minute massage.

Students left with their clothes, dry and fed free hair.

Cloudy weather threatened the afternoon but in case of rain the Pond Party had an "Everything turned out better than expected" said CISU president Chris Byrne.

# Building on his future

By BRENDAN RALEY

A Conestoga College graduate has won the barbell, big enough to move him way into the position of national bodybuilding champion.

Derek Radke, a 23-year-old general business graduate, is confident that he will be heading to the Ontario Physique Association competition in November. However, another second year third place will satisfy Radke's appetite. Limited to places on evidence his lifts into a first place victory.

Radke has been working out since his senior year of high school. A former power lifter, he started to focus his attention onto bodybuilding after his university weightlifting experience with a fitness club in 2009. A coach drew him in, Radke was interested in working after making rapid physical changes to his body.

Although young, Radke has plenty of experience competing up. He has been working out the four years and has been competing since the beginning of the year. He competed in the Ontario Fitness Events power and open light-heavyweight

categories, placing second and third respectively.

According to OPA president Ross Blaauw, the OPA is Canada's largest physique organization in terms of the number of competitors and competitors. Of the many competitors, Radke stood out to Blaauw as stand-out. Bodybuilders Competitors will be judged based on muscle mass and development, and how they presented themselves in posing, appearance, etc.

"I have to make sure I train hard enough until the point where I get first place. My goal over the next year is to gain 10 pounds if I want to be the best, I can, than I have to be at the top of my weight category."

Radke, who has bench pressed 500 pounds, has committed to a daily routine that consists of two 30-minute cardio sessions and a trip to the gym. In addition, he consumes only high protein food sources such as turkey-breast, wild and organic salmon for a total of 3000-3500 raw per day during the pre-competition stage.

"With the pre-competition, I go into my own world and I



**Photo submitted**  
Derek Radke, a graduate of the greatest business program at Conestoga College, poses for the Ontario Physique Association event.

feel like I'm in hibernation. There are a lot of friends I won't talk to for three months and I won't eat or work out. And, of course, I never sleep."

Despite these sacrifices, Radke claims that discipline and motivation have paid off. He stated that bodybuilding is one outlet for stress and anger. It teaches discipline



**Photo by BRENDAN RALEY**  
Radke "flexed out the guns" as he poses for the Open category. He will be competing next Saturday at the Ontario Physique Association competition.

that cannot be acquired anywhere else. It is a way of life—one that promotes a healthy lifestyle, and one that he does not plan on abandoning any time soon.

Aside from a part-time job, Radke recently acquired a personal training certificate and is looking to work full time in the fitness industry in the near future.

## Conestoga has a new varsity sports team

By BRENDAN RALEY



**Photo by BRENDAN RALEY**

The Conestoga women's rugby team played a strong three-setter game, dealing their Sept. 7 opponent, Guelph, 10-0. They displayed their heart and focus for much. Jeni Park, in hopes of creating the 10-player roster,

The new school year brought professors, assignments and a new variety sports team.

Women's rugby has been added to the Ontario Colleges Athletic Association (OCAA) for the 2013 season.

After being the most requested sport over the past couple of years, OCAA had a trial season last year and included three schools: Michael, George and Hunter.

Rugby teams will participate the winter and spring term in Conestoga College Conestoga will compete in the West South Conference with the three returning teams from last season.

Over 30 players attended the first day of tryouts which were held on Sept. 8. The team's most recent first year player and only female member student Sherron Lamont, was placed with the forward and mid-line team line confidants.

There is a lot of talent to choose from, said Conestoga.

This team will be coached by Jack Klein. He is looking for the word, in developing a strong women's rugby program for Conestoga.

"This is the first year that Conestoga has had a women's team and we are looking to set a benchmark for years to come," said Klein. "We have a great group of women who have worked extremely hard in our first week of tryouts, and of us coaches are very excited and looking over our row. I have no doubt that we will have a successful season."

Klein said he is impressed with the leadership he has seen from the members of the team and for experts to teach a hard-working squad.

"My expectation is that we play really good hard in the fall '13 season," he said. "We don't have a lot of time on our hands but we do have a lot of focus and determination."

Paul Gillette, director of athletics and recreation, believes the new team is a positive addition to the school.

"It offers our female athletes an option that wasn't there before," he said. "Rugby is one of the fastest growing sports in Ontario especially throughout high school. So that becomes a natural progression to be there play the sport, they love it highly competitive... post-secondary level."

Women's rugby is one of three sports that have been added to the Conestoga roster over the past three years. Crosscountry and men's and women's volleyball are also recent additions.

The rugby team's first game is scheduled for Sept. 21 against St. Jacobs. However, the game may be delayed due to the state Ontario said the teams are allowed to practice because they are to practice outside the athletic field, but the area can not yet be sold.

The rugby team has also elected all indoor sports teams including men's and women's basketball, badminton, indoor soccer and extramural ice hockey. The tryouts have been delayed because the necessary rotisserie is currently closed.

Although the rugby season is yet to begin, the team already has racing in their road.

"We have a good chance to be successful in the OCAA if we continue to focus and work hard each and every game," said Klein. "We expect to finish in the top two in our division and hopefully one school in the playoffs."

And as Conestoga just 14, they're "young for gold."

3 easy steps to be prepared for  
CSI's Annual Toga Party Pub Night.

CONESTOGA  
STUDENTS INC.

# How to be Prepared for **TOGA** ALL NIGHT

September 29<sup>th</sup> 2011

- 1** Find a large,  
preferably  
clean sheet.
- 2** Safety pin  
sheet around  
waist area.
- 3** Drape excess  
over shoulder  
and tuck/pin.

**9 PM - 1 AM**  
In the Sanctuary

Costume Contest  
Proper ID Required

Get your **FREE** ticket  
with **VIP Pass!**

Visit CSI Self Serve Area  
Limited quantities available

